

Date	A	B	C	D	E	F	G
October 01 (Tuesday)	Mac & Cheese + Shredded Chicken	Cheesy Beef Burger + Hashbrown	Bacon.Egg Sandwich	Beef Hot Dog + French Fries	Chicken in Garlic & Green.Onion Sauce + White Rice	Caesar Salad with Cheddar cheese + Pita Bread ^	Tuna Onigiri Rice Balls + Edamame Beans #
October 02 (Wednesday)	Meatball Pasta + Tomato Sauce	Egg Fried Rice ^ #	Baked Chicken Strips + French Fries	Baked Cheesy Vegetarian Quesadillas + Cheese Perogies ^	Sushi Rice Sandwich with Ham.Egg.Bacon #	Cucumber Rolls + Edamame Beans ^ #	Chicken Dumplings + Dry Wheat Noodle
October 03 (Thursday)	Mac & Cheese ^	Beef Burger + Hashbrown	Bacon.Egg.Sausage Wrap + Cheese Perogies	Turkey.Cheese Sandwich	Chicken Hot Dog + French Fries	Chicken Dumplings + Vegetables	Baked Chicken Nuggets + Bun
October 04 (Friday)	Pasta + Tomato Sauce ^	Egg.Ham Fried Rice	Baked Cheesy Chicken Quesadillas + Cheese Perogies	English Muffin with Ham.Cheese + Cheese Perogies	Chicken in Garlic & Green.Onion Sauce + Dry Wheat Noodle	Baked Fish Rolls + Edamame Beans	Mini Cheese Pizza Slices ^
October 07 (Monday)	Mac & Cheese ^	Chicken Burger + Hashbrown	Baked Chicken Wrap + Cheese Perogies	Ham.Egg Sandwich	Chicken in Teriyaki Sauce + White Rice	Chicken Caesar Salad with Cheddar cheese + Pita Bread	Baked Chicken Nuggets + French Fries
October 08 (Tuesday)	Chicken Pasta + White Sauce	Egg.Chicken Fried Rice	Baked Chicken Strips + Bun	English Muffin with Turkey.Egg + Cheese Perogies	Chicken in Garlic & Vineger Sauce + Dry Wheat Noodle	Tamago (Egg) Rolls + Edamame Beans ^ #	Two Chicken Hot Dogs
October 09 (Wednesday)	Mac & Cheese + Shredded Chicken	Cheesy Beef Burger + Hashbrown	Bacon.Egg Sandwich	Beef Hot Dog + French Fries	Chicken in Garlic & Green.Onion Sauce + White Rice	Caesar Salad with Cheddar cheese + Pita Bread ^	Tuna Onigiri Rice Balls + Edamame Beans #
October 10 (Thursday)	Meatball Pasta + Tomato Sauce	Egg Fried Rice ^ #	Baked Chicken Strips + French Fries	Baked Cheesy Vegetarian Quesadillas + Cheese Perogies ^	Sushi Rice Sandwich with Ham.Egg.Bacon #	Cucumber Rolls + Edamame Beans ^ #	Chicken Dumplings + Dry Wheat Noodle
October 11 (Friday)	Mac & Cheese ^	Beef Burger + Hashbrown	Bacon.Egg.Sausage Wrap + Cheese Perogies	Turkey.Cheese Sandwich	Chicken Hot Dog + French Fries	Chicken Dumplings + Vegetables	Baked Chicken Nuggets + Bun
October 14 (Monday)	Pasta + Tomato Sauce ^	Egg.Ham Fried Rice	Baked Cheesy Chicken Quesadillas + Cheese Perogies	English Muffin with Ham.Cheese + Cheese Perogies	Chicken in Garlic & Green.Onion Sauce + Dry Wheat Noodle	Baked Fish Rolls + Edamame Beans	Mini Cheese Pizza Slices ^
October 15 (Tuesday)	Mac & Cheese ^	Chicken Burger + Hashbrown	Baked Chicken Wrap + Cheese Perogies	Ham.Egg Sandwich	Chicken in Teriyaki Sauce + White Rice	Chicken Caesar Salad with Cheddar cheese + Pita Bread	Baked Chicken Nuggets + French Fries
October 16 (Wednesday)	Chicken Pasta + White Sauce	Egg.Chicken Fried Rice	Baked Chicken Strips + Bun	English Muffin with Turkey.Egg + Cheese Perogies	Chicken in Garlic & Vineger Sauce + Dry Wheat Noodle	Tamago (Egg) Rolls + Edamame Beans ^ #	Two Chicken Hot Dogs
October 17 (Thursday)	Mac & Cheese + Shredded Chicken	Cheesy Beef Burger + Hashbrown	Bacon.Egg Sandwich	Beef Hot Dog + French Fries	Chicken in Garlic & Green.Onion Sauce + White Rice	Caesar Salad with Cheddar cheese + Pita Bread ^	Tuna Onigiri Rice Balls + Edamame Beans #
October 18 (Friday)	Meatball Pasta + Tomato Sauce	Egg Fried Rice ^ #	Baked Chicken Strips + French Fries	Baked Cheesy Vegetarian Quesadillas + Cheese Perogies ^	Sushi Rice Sandwich with Ham.Egg.Bacon #	Cucumber Rolls + Edamame Beans ^ #	Chicken Dumplings + Dry Wheat Noodle
October 21 (Monday)	Mac & Cheese ^	Beef Burger + Hashbrown	Bacon.Egg.Sausage Wrap + Cheese Perogies	Turkey.Cheese Sandwich	Chicken Hot Dog + French Fries	Chicken Dumplings + Vegetables	Baked Chicken Nuggets + Bun
October 22 (Tuesday)	Pasta + Tomato Sauce ^	Egg.Ham Fried Rice	Baked Cheesy Chicken Quesadillas + Cheese Perogies	English Muffin with Ham.Cheese + Cheese Perogies	Chicken in Garlic & Green.Onion Sauce + Dry Wheat Noodle	Baked Fish Rolls + Edamame Beans	Mini Cheese Pizza Slices ^
October 23 (Wednesday)	Mac & Cheese ^	Chicken Burger + Hashbrown	Baked Chicken Wrap + Cheese Perogies	Ham.Egg Sandwich	Chicken in Teriyaki Sauce + White Rice	Chicken Caesar Salad with Cheddar cheese + Pita Bread	Baked Chicken Nuggets + French Fries
October 24 (Thursday)	Chicken Pasta + White Sauce	Egg.Chicken Fried Rice	Baked Chicken Strips + Bun	English Muffin with Turkey.Egg + Cheese Perogies	Chicken in Garlic & Vineger Sauce + Dry Wheat Noodle	Tamago (Egg) Rolls + Edamame Beans ^ #	Two Chicken Hot Dogs
October 25 (Friday)	Mac & Cheese + Shredded Chicken	Cheesy Beef Burger + Hashbrown	Bacon.Egg Sandwich	Beef Hot Dog + French Fries	Chicken in Garlic & Green.Onion Sauce + White Rice	Caesar Salad with Cheddar cheese + Pita Bread ^	Tuna Onigiri Rice Balls + Edamame Beans #
October 28 (Monday)	Meatball Pasta + Tomato Sauce	Egg Fried Rice ^ #	Baked Chicken Strips + French Fries	Baked Cheesy Vegetarian Quesadillas + Cheese Perogies ^	Sushi Rice Sandwich with Ham.Egg.Bacon #	Cucumber Rolls + Edamame Beans ^ #	Chicken Dumplings + Dry Wheat Noodle
October 29 (Tuesday)	Mac & Cheese ^	Beef Burger + Hashbrown	Bacon.Egg.Sausage Wrap + Cheese Perogies	Turkey.Cheese Sandwich	Chicken Hot Dog + French Fries	Chicken Dumplings + Vegetables	Baked Chicken Nuggets + Bun
October 30 (Wednesday)	Pasta + Tomato Sauce ^	Egg.Ham Fried Rice	Baked Cheesy Chicken Quesadillas + Cheese Perogies	English Muffin with Ham.Cheese + Cheese Perogies	Chicken in Garlic & Green.Onion Sauce + Dry Wheat Noodle	Baked Fish Rolls + Edamame Beans	Mini Cheese Pizza Slices ^
October 31 (Thursday)	Mac & Cheese ^	Chicken Burger + Hashbrown	Baked Chicken Wrap + Cheese Perogies	Ham.Egg Sandwich	Chicken in Teriyaki Sauce + White Rice	Chicken Caesar Salad with Cheddar cheese + Pita Bread	Baked Chicken Nuggets + French Fries